

**JUNE 1<sup>st</sup> & 2<sup>nd</sup> 2024**

## **North Country International Fire Training School**

[WWW.NCIFTS.ORG](http://WWW.NCIFTS.ORG)

### **Two Day Classes**

#### **1. ROOKIE \$60.00**

This course addresses the needs of new firefighters in their duties, obligations and requirements necessary for basic firefighting and instructs them in the tactics, equipment and safety of fire ground operations. Applicants shall be new recruits in the fire service. Full protective gear and SCBA required.  
Class Limit – Min. 10 / Max. 20

#### **2. NOT A ROOKIE ANYMORE \$60.00**

This course is designed to build upon topic areas covered during an Introduction to Firefighting or Rookie course. Participants in this program will spend two days doing practical skills stations and scenario-based exercises for residential structure fires. This course will allow the students to develop their abilities in incident scene size-up, deploying and advancing hose lines, forcible entry, primary search and victim removal, ventilation, and firefighter survival techniques.

Minimum of one-year fire service experience. Full protective gear, is required & SCBA.

Class Limit – Min. 10 / Max. 20

#### **3. PUMP OPERATIONS \$60.00**

Introduction to Pumps is an entry-level pump operation course. The intent of the class is to provide the student with the basic mechanical and theoretical knowledge needed to become a pump operator. The class will help the student develop an understanding of the basic theoretical, mechanical and operational concepts that govern the use and operation of a fire pump. Emphasis is on the practical application of pump operation theory. Course content is a balance of NFPA/IFSTA published guidelines and the practical real world experiences of the instructors and past students. The class includes approximately 4 hours of classroom instruction and 8-10 hours of hands on exercises. Each exercise is specifically designed to simulate operations actually performed on fire scenes. The short evolutions are designed to provide maximum pump panel time for the students.

Full protective gear will be required – no SCBA Class Limit – Min. 10 / Max. 20.

#### **4. LOW ANGLE RESCUE \$60.00**

This class is the basics of Technical Rope Rescue involving competent technical rescue skills using ropes, anchoring and belaying systems, lowering and hauling systems and litter/stretchers work. Low Angle Rescue involves rescues of not more than a 35 degree angle where the rescue load is borne by the feet of the rescuer. The student will be introduced to the proper equipment and abilities which will be mandatory for the safe performance of the rescue team. It is advised to bring harnesses if you have them and any ancillary gear associated with the harness (i.e. Carabiners, Prusiks, coveralls, etc.) Leather gloves and non-firefighting helmets are also needed. If all you have is a ff helmet we'll make it work.

Class Limit – Min. 10 / Max. 20.

#### **5. Right Front Seat; The Toughest Job You'll Ever Love \$60.00**

This course is for the firefighter with a few years of experience who hopes to become an officer, the senior firefighter who is riding the right front seat to scene, to the current fire officer looking to have a solid review. Day one we are going to cover building construction, fire behavior with a live fire demonstration, the challenges of fighting fire in Vermont, the difficult parts of being an officer (from the personnel side), and work on our tactics during the first 20 minutes of the run. Day two we will finish up the classroom work and work on scenarios focusing on radio traffic, size up, and decision making. Classroom only.

NO PROTECTIVE GEAR NEEDED. Class Limit – Min. 10 / Max. 25

## **6. (RIT) RAPID INTERVENTION TECHNIQUES – \$60.00**

Do you know what to do if you find yourself lost, trapped or out of air while structural firefighting? Do you know how to rescue your fellow firefighters' should they find themselves in any of these situations? This course will cover the knowledge and skills necessary to perform both self-rescue and work as part of a crew to rescue a downed firefighter in the event of a MAYDAY situation. Practical evolution's will be utilized for the majority of the course with the evolution's becoming increasingly complex as students get challenged to self-rescue, and work to locate, package, and extricate any downed firefighters. Note: This is a physically demanding course. Participants should be in good physical condition and have 1+ years of experience in the fire service.

Full protective gear, including SCBA unit & spare cylinder is required. Class Limit – Min. 10 / Max. 20.

**Note that PPE damage may occur.**

## **7. FIRE INVESTIGATION & BASICS AND SCENE PRESERVATION \$60.00**

The course provides the student with basic Fire Investigation knowledge and skills that will aid them in what to look for and preserve during fire suppression and overhaul operations. The course instruction includes lecture, several practical exercises and is designed to walk the student through several fire scene investigations. The student will also learn the statutory obligations given to the Chief of their Departments and the Fire Service as a whole, relative to Origin and Cause determination.

Full protective gear, including SCBA unit is required. Class Limit – Min. 10 / Max. 20.

## **8. Advanced Fire Behavior ( FLASH OVER)- \$60.00**

For this class only you will need to fill out the VFA form on our registration page and return it by MAY 16<sup>th</sup> 2024 to the E-Mail on the form.

You must still register online with your 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> choices.

This revised course goes beyond its Advanced Fire Behavior predecessor. Today's firefighters must understand the complexities involved in the science of fire and fire dynamics. This updated course uses evidence based information, derived from modern fire research, to highlight key educational areas. It will provide you the tools necessary to understand modern fire propagation, fuel packages, and ventilation and how they relate to firefighter safety and tactical deployment on today's fireground. The course begins with a classroom presentation and concludes with a live fire exercise where you observe fire development from ignition to flashover. The culminating live fire exercise will "flip the classroom", where the student will be able to recognize the warning signs of flashover from inside a live fire environment.

Full Protective Gear, including SCBA unit and spare cylinder is required. Class Limit – Min. 15 / Max.18

## **9. INTRO TO MINIMAL MANPOWER \$60.00**

This course will examine various ways of efficiently using manpower on fire scenes and includes techniques including Water Supply, Fire Attack, Search and Rescue and Ventilation Techniques which can be used to reduce or supplement manpower on-scene. The first day will include scenarios where discussions will examine both theoretical and practical experiences. The second day field training will make use of equipment and procedures to reduce the time spent on each task.

Full Protective Gear & SCBA will be required. Class Limit Min. 10 / Max. 20

## **One Day Classes**

### **10. HELICOPTER GROUND SAFETY- \$30.00** This is a half day class on Saturday only.

The Ground Safety Course teaches our public safety partners how to safely land the helicopter and assist the medical crew with the transfer of patient care. This includes how to request a medical helicopter and which patients would benefit from this resource, the capabilities of the med crew and helicopter, how to communicate with the incoming helicopter and establish a safe landing zone, and what to do in case of an aviation related emergency. Bringing critical care resources and rapid transport to those patients who need it the most, would not be possible without the assistance from local agencies on the ground.

NO Protective Gear is required. Class limit – Min. 10 / Max. 20.

**11. FIRST RESPONDER WELLNESS \$30.00** [Saturday and or Sunday full day.](#)

Physical, mental, emotional and spiritual health are essential for sustaining an effective, meaningful and injury free first responder career over the long haul. In this session students will be introduced to why it is important to develop skills for fostering physical, mental, emotional and spiritual health and ways to do this. Students will also be introduced to the Mitchell CISM (crisis incident stress management) model and learn how to talk about suicide prevention. This course is being presented by the Green Mountain Critical Incident Stress Management Team. [NO Protective Gear is required.](#) [Class limit - Min. 10 / Max. 20.](#)

**12. FOUR-GAS METERING for Firefighters - \$30.00** [Saturday and or Sunday full day.](#)

This program reviews the proper use of the 4-gas meter. The training encompasses the two types of meters most often encountered by firefighters. An explanation of the 4 gases monitored and their respective dangerous levels is explained. Other technical subjects discussed are, sensor relative response, cross sensitivities, lag times, reading ranges, alarm set points, calibration, and bump test. The student will learn the correct procedure for monitoring a suspect atmosphere and action steps to take when the device alarms. Case studies are utilized to reinforce both the use of the meter and its limitations. [Full Protective Gear, including SCBA is required.](#) [Class limit – Min. 10 / Max. 20.](#)

**13. FORCIBLE ENTRY- \$30.00** [Saturday and or Sunday full day.](#)

This class covers basic Forcible Entry theory and techniques. The class is designed to help the student develop the skills and techniques necessary to become proficient in basic forcible entry using some of the most important tools in the fire service. Students will have the opportunity to work multiple times on realistic custom-built training props designed to simulate various basic forcible entry scenarios. Evolution's include single and multiple firefighter forcible entry, covering metal and wooden inward and outward swinging doors, padlock and hinge removal, supplementary locking devices, and more. Students will learn standardized, predictable communication and techniques that are necessary for safe and successful operations. The class has a short theory portion with the remainder being hands on training evolution's. [Full protective gear is required. SCBA recommended, but not necessary.](#)  
[Class Limit Min. 10 / Max. 20.](#)

**14. CARS are Meant to Crash Not-Burn. \$30.00** [Saturday and or Sunday full day.](#)

This vehicle fire course covers the dangers that are present in new vehicles due to the crash safety features now installed and the changes in the materials used in the construction of modern cars and trucks. The course will explain why we need to change the tactics previously taught to better ensure the safety of firefighters putting out vehicle fires today. The morning session is classroom and the afternoon session will be live fire work burning several vehicles. Full turnout gear and SCBA are required to take part in the afternoon live fire sessions. Class size is strictly limited to 14 firefighters. (Note: the afternoon burn session is open to others for observation ONLY.)  
[Full Protective Gear will be required and SCBA.](#) [Class Limit – Min. 10 / Max. 14.](#)